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# Transgender 101: A Simple Guide To A Complex Issue (NONE)



## Synopsis

Written by a social worker, popular educator, and transgender man, this well-rounded resource combines an accessible portrait of transgenderism with a rich history of transgender life and unique experiences of discrimination. The first guide to treat transgenderism as a distinct topic of study, this text moves beyond mere anecdote and recommendations for clinical practice to legitimize transgenderism in society and culture. Chapters introduce transgenderism and its psychological, physical, and social processes. They describe the coming out process and its affect on family and friends; the relationship between sexual orientation and gender and the differences between transsexualism and lesser-known types of transgenderism; the characteristics of Gender Identity Disorder; and the development of the transgender movement. Each chapter explains how transgender individuals handle their gender identity, how others view it within the context of "normal" society, and how the transitioning of genders is made possible. The book features men who become women, women who become men, and those who live in between and beyond traditional classifications. Written for friends, family members, students, and professionals, this resource works as a stand alone text for social work and gender studies courses as well as a supportive text for sociologists, psychologists, and clinical practitioners. A special focus on issues affecting transgender youth, along with a glossary of key terms and helpful resources, makes this an ideal guide for younger audiences as well as those invested in their care.

## Book Information

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## Customer Reviews

This is a great book filled with the right information. However, I will say this: in my personal opinion this may not necessarily be for people who feel gender dysphoria(transgender). I was supposed to read this as homework from my gender therapist, that way I would be more informed. I am just beginning my transition, and I will say that this book does have a lot of information and all of it is accurate. But if you are trans, 80% of the information in this book you will probably know about already. I'm not saying it's a bad book or trying to discourage you from reading it even if you know everything there is to know. There are real stories in the book everywhere, which helps to compare to your own situation. Basically, this book covers all of the basics and it would be a good idea to read it yourself, then to give to a family member or friend that may not be so supportive. Still a great read.

I cannot rave enough about this super easy to understand and informative book. It covers everything. I wrote notes on every page for future reference which answer my questions that I will take to my doctors and surgeon. This book deserves an A+ !For anyone:Transitioning,looking to lead a comfortable life by aligning physical appearance with inner gender,who works with an individual Transgender or their community in some manner, Wants to understand Transgender,Love's and or supports Transgender individuals.This book will surely guide !

I learned so much from this book, helping me see the difficult issues transpeople face. This book is very easy to understand and explains all issues in detail.

Course taken at Arizona State University, Good course book.

This book answered a lot of my questions about the transgender community and its wide diversity. It also prompted new questions, and I wish I could have picked up the phone and called Mr. Teich to

discuss them. Now I have a better understanding of the differences between sex, gender identity and gender expression, which has been the biggest obstacle for me in understanding transgender people. I learned many other things as well, and I will be re-reading the book to make sure I didn't miss anything. I can't wait to discuss this book with my family and friends. Thank you, Mr. Teich, for an excellent book, and for inspiring me to keep learning.

A great basic primer for Transpeople who are floundering to find any information. I recommended this to my therapist as well. A good basic book for those who want to learn more about the topic.

...for anyone working with, who knows of, is friends with, teaches, lives with, anyone, any person who may or may not be trans variant. Nick writes with knowledge and compassion of the true human condition. That true sense wondering who we are, what makes us who we are, how we fit in, and how to make the world a safer place for us all.

I could not disagree more with Alex Kapitan. Teich clearly states that gender is not a binary and goes into detail about many types of transgender people. People who want to get a "101" education on this subject should absolutely read this book. It's also very well-written.

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